# ( $\eta^{6}$-Cyclophane) $\eta^{6}$-benzene) ruthenium(II) bis(tetrafluoroborate) complexes and their geometry-dependent ${ }^{13} \mathrm{C}$ NMR behavior 

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#### Abstract

Transition-metal complexation effects which can be observed in ${ }^{13} \mathrm{C}$ NMR spectra have been investigated for the ( $\eta^{6}$-cyclophane) ( $\eta^{6}$-benzene)ruthenium(II) bis(tetrafluoroborate) complexes, where the cyclophane moiety is [8]-[15]paracyclophane, [2.2]paracyclophane, [2.2]metacyclophane or 5,13-dimethyl[2.2]metacyclophane. The complexation shifts for the complexed cyclophane-ring carbons are dependent on the degree and direction of ring bending. The magnitude of the complexation effect on the one-bond aromatic ${ }^{13} \mathrm{C}-{ }^{1} \mathrm{H}$ coupling correlates with the magnitude of the complexation shift.


## Introduction

Complexations of arenes with transition metals cause large upfield shifts of ${ }^{13} \mathrm{C}$ NMR peaks for the aryl carbons. Recently, we found that the complexation shift in $\mathrm{Cr}, \mathrm{Fe}$ and Mo complexes of cyclophanes [1-4] is dependent on the metal-carbon distance.

In order to accumulate further data for complexes of other metals, our study was extended to a series of ruthenium cation complexes of the types $\left[\operatorname{Ru}\left(\eta^{6}-[n] p c\right)\left(\eta^{6}-\right.\right.$ $\left.\left.\mathrm{C}_{6} \mathrm{H}_{6}\right)\right]\left[\mathrm{BF}_{4}\right]_{2} \quad(2-5), \quad\left[\mathrm{Ru}\left(\eta^{6}-[2.2] \mathrm{pc}\right)\left(\eta^{6}-\mathrm{C}_{6} \mathrm{H}_{6}\right)\right]\left[\mathrm{BF}_{4}\right]_{2} \quad(6), \quad\left[\mathrm{Ru}\left(\eta^{6}-[2.2] \mathrm{mc}\right)\left(\eta^{6}-\right.\right.$ $\left.\mathrm{C}_{6} \mathrm{H}_{6}\right)\left[\mathrm{BF}_{4}\right]_{2}(\mathbf{8})$ and $\left[\mathrm{Ku}\left(\eta^{6}-5,13\right.\right.$-dimethyl $\left.\left.\left.[2.2] \mathrm{mc}\right)\left(\eta^{6}-\mathrm{C}_{6} \mathrm{H}_{6}\right)\right] \mid \mathrm{BF}_{4}\right]_{2}(\mathbf{1 0})$, where $n$ is $15,12,9$ or 8 , and pc and mc denote para- and metacyclophane. Similar complexes of $p$-xylene (1), $m$-xylene (7) and mesitylene (9) were used as reference complexes.

All complexes, new substances except for 6 and 9 , were prepared in the usual manner [5] and their identities were confirmed by ${ }^{1} \mathrm{H}$ NMR and by elemental analysis (see Experimental).

## Results and discussion

The ${ }^{13} \mathrm{C}$ chemical shifts ( $\delta$ in ppm from internal TMS, recorded in $\left(\mathrm{CD}_{3}\right)_{2} \mathrm{SO}$ ) for $\mathbf{1 - 1 0}$ are given in Scheme 1. The values in parentheses are the shift differences

(1)

32.3 for $\mathrm{C}(1)(27), 293$. $27 \%, 276.270$ (double intensity). 25:

$$
\begin{aligned}
& 946 \\
& \left(\mathrm{C}_{6} \mathrm{He}_{6}\right) \mathrm{Ru}^{2}+\left(\mathrm{BF}_{4}-\right)_{2}
\end{aligned}
$$



379 for 61133 ), 28.5 $275,265,262.245$
(3)

$134.9(4)$
93.0
$\vdots$
$\left(\mathrm{C}_{5} \mathrm{H}_{5}\right) \mathrm{Ru}^{2+}\left(\mathrm{BF}_{4}-\right)_{2}$


6
31.4 for $C(1)(4.1), 28.2$

$$
27.8,247,24.5
$$

(4)

(7)

(9)


10

Scheme $1 .{ }^{13} \mathrm{C}$ NMR chemical shifts (in ppon from internal TMS) for complexes 1 - $\mathbf{1 0}$ in (CD $)_{3}$ SO. Complexation shifts are given in parentheses.
from the parent hydrocarbons, i.e., the complexation shifts: $\Delta \delta=\delta$ (hydrocarbon) -$\delta$ (complex). Table 1 gives the $\Delta \delta$ values for the aromatic tertiary ( $\mathrm{C}_{\mathrm{t}}$ ) and quaternary carbons ( $\mathrm{C}_{4}$ ) of $1-10$ together with the one-bond aromatic $\mathrm{C}-\mathrm{H}$ coupling data. The $\delta$ values used for the parent hydrocarbons $2-5$ (in $\mathrm{CDCl}_{3}$ solution) are data taken from the literature [4].

Table 1
Complexation shifts ( $\Delta \delta$ ), one-bond $\mathrm{C}_{\mathrm{t}}-\mathrm{H}$ coupling constants ( ${ }^{1} J(\mathrm{CH})$ ) and ring-bending angles ( $\theta$ )

| Complex | Carbon | $\begin{aligned} & \hline \Delta \delta^{a} \\ & (\mathrm{ppm}) \end{aligned}$ | $\begin{aligned} & \Delta \Delta \delta^{b} \\ & (\mathrm{ppm}) \end{aligned}$ | $\begin{aligned} & { }^{1} J(\mathrm{CH}){ }^{c} \\ & (\mathrm{~Hz}) \end{aligned}$ | $\begin{aligned} & \Delta^{1} J^{d} \\ & (\mathrm{~Hz}) \end{aligned}$ | $\theta^{e}\left({ }^{\circ}\right)$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | UV | FF | X-ray |
| 1 | $\mathrm{C}_{9}$ | 22.8 |  |  |  |  |  |  |
|  | $\mathrm{C}_{1}$ | 34.5 |  | 180 | 24 |  |  |  |
| 2 | $\mathrm{C}_{\mathrm{q}}$ | 24.3 | 1.5 |  |  | $<5^{i}$ |  |  |
|  | $\mathrm{C}_{1}$ | 34.3 | -0.2 | 182 | 27 |  |  |  |
| 3 | $\mathrm{C}_{\text {q }}$ | 22.4 | -0.4 |  |  | $5^{\prime}$ |  |  |
|  | $\mathrm{C}_{1}$ | 35.4 | 0.9 | 182 | 28 |  |  |  |
| 4 | $\mathrm{C}_{\mathrm{q}}$ | 16.7 | -6.1 |  |  | $5^{i}$ |  |  |
|  | $\mathrm{C}_{4}$ | 38.5 | 4.0 | 183 | 26 |  |  |  |
| 5 |  |  | -9.9 |  |  | $20^{j}$ | $12.5{ }^{\text {k }}$ | $9.1{ }^{1}$ |
|  | $C_{1}^{4}$ | 40.0 | 5.5 | 184 | 28 |  |  |  |
| 6 | $\mathrm{C}_{\mathrm{q}}(3)$ | 7.5 | -15.3 |  |  |  |  | $12.6{ }^{\text {m }}$ |
|  | $\mathrm{C}_{1}(4)$ | 44.6 | 10.1 | 186 | 30 |  |  |  |
|  | $\mathrm{C}_{\mathrm{q}}(11)$ | -0.1 |  |  |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{t}}(12)$ | -1.4 |  | 158 | 2 |  |  |  |
| 7 | $\mathrm{C}_{\mathrm{q}}(3)$ | 24.8 |  |  |  |  |  |  |
|  | $\mathrm{C}_{1}(4)$ | 32.9 |  | 185 | 28 |  |  |  |
|  | $\mathrm{C}_{1}(5)$ | 33.4 |  | 186 | 27 |  |  |  |
|  | $\mathrm{C}_{\mathbf{t}}(2)$ | 33.7 |  | 183 | 29 |  |  |  |
| 8 | $\mathrm{C}_{4}(3)$ | 19.3 | - 5.51 |  |  |  |  |  |
|  | $\mathrm{C}_{6}(4)$ | 33.5 | $0.6{ }^{f}$ | 182 | 25 |  |  |  |
|  | $\mathrm{C}_{\mathrm{t}}(5)$ | 37.4 | $4.0{ }^{\prime}$ | 186 | 27 |  |  | $4.1^{n}$ |
|  | $\mathrm{C}_{\mathrm{t}}(8)$ | 48.1 | $14.4{ }^{f}$ | _- ${ }^{h}$ |  |  |  | $9.5^{n}$ |
|  | $\mathrm{C}_{4}(11)$ | 1.3 |  |  |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{c}}(12)$ | -3.4 |  | 157 | 0 |  |  |  |
|  | $\mathrm{C}_{\mathrm{t}}(13)$ | -1.9 |  | 161 | 2 |  |  |  |
|  | $\mathrm{C}_{1}(16)$ | -2.0 |  | 157 | -1 |  |  |  |
| 9 |  |  |  |  |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{t}}$ | 32.0 |  | 182 | 22 |  |  |  |
| 10 | $\mathrm{C}_{\mathrm{q}}(3)$ | 20.4 | $-4.9{ }^{g}$ |  |  |  |  |  |
|  | $\mathrm{C}_{1}(4)$ | 33.1 | $1.1{ }^{\mathrm{g}}$ | _- ${ }^{\text {b }}$ |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{q}}(5)$ | 27.9 | $2.6{ }^{8}$ |  |  |  |  | $3.6{ }^{\circ}$ |
|  | $\mathrm{C}_{1}(8)$ | 47.3 | $15.3{ }^{8}$ | - ${ }^{\text {n }}$ |  |  |  | $10.2^{\circ}$ |
|  | $\mathrm{C}_{\mathrm{q}}(11)$ | 1.5 |  |  |  |  |  |  |
|  | $\mathrm{C}_{6}(12)$ | -1.8 |  | - ${ }^{h}$ |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{q}}(13)$ | -3.4 |  |  |  |  |  |  |
|  | $\mathrm{C}_{\mathrm{t}}(16)$ | -2.3 |  | $-^{h}$ |  |  |  |  |

$\overline{a^{a}} \Delta \delta=\delta$ (hydrocarbon) $-\delta\left(\right.$ complex). ${ }^{b} \Delta \Delta \delta=\Delta \delta\left(\right.$ cyclophane complex) $-\Delta \delta$ (referred to 1). ${ }^{c} J(\mathrm{CH})$ for the indicated $\mathrm{C}_{\mathrm{t}}$ atom. ${ }^{d} \Delta^{1} J={ }^{1} J(\mathrm{CH})$ (complex) $-{ }^{1} J(\mathrm{CH})$ (hydrocarbon). ${ }^{e}$ The bending angle of the benzene ring in the parent cyclophane, predicted by UV spectroscopy (UV) or molecular force field calculation (FF) or based on crystal X-ray diffraction. ${ }^{f} \Delta \Delta \delta$ referred to $7 .{ }^{g} \Delta \Delta \delta$ referred to $9 .{ }^{h}$ Not measured. ${ }^{i}$ Ref. [6]. ${ }^{j}$ Ref. [7]. ${ }^{k}$ Ref. [8]. ${ }^{/}$Ref. [9]; ${ }^{m}$ Ref. [10]. ${ }^{n}$ Ref. [11]. ${ }^{\circ}$ Ref. [12].

The chemical shift assignments for $\mathrm{C}_{\mathrm{t}}, \mathrm{C}_{\mathrm{q}}, \mathrm{C}(1)$ (benzylic methylene carbon) and the ligand benzene carbons were based on their characteristic chemical shifts and signal intensities. $C(5)$ and $C(8)$ of 8 , and also $C(2)$ and $C(5)$ of 7 were distinguished by off-resonance decoupling.

## Basic geometry

The molecular structures of 1-10 are not known, but the benzene rings of the parent cyclophanes are known or were predicted to be bent into shallow boats to different degrees [6-12], see Table 1. In the $[n]$ pc hydrocarbons, the predicted ring-bending angle ( $\theta$ ) increases with a decrease in $n$. In [8]pc, the predicted angles are both larger than the measured angle of $9.1^{\circ}$ [9], which is small compared with the measured $12.6^{\circ}$ in [2.2]pc [10]. On the other hand, $\mathrm{Cr}\left(\eta^{\circ}-[2.2] \mathrm{pc}\right)(\mathrm{CO})$; shows a $\theta$ value of $12.2^{\circ}$ [13]. indicating that there is no substantial change in $\theta$ upon complexation. These results taken together suggest that $\theta$ in each complex increases on going from 1 to 6 .

In 5,13-dimethyl[2.2]mc, $C(5)$ and $C(8)$ are displaced out of the mean plane by 3.6 and $10.2^{\circ}$, respectively, away from the other ring [12]. Similar ring-bending is seen in [2.2]mc [11]. Interestingly, $\left[\mathrm{Fe}^{\mathrm{ll}}\left(\eta^{6}-5,13\right.\right.$-dimethyl $\left.\left.[2.2] \mathrm{mc}^{2}\right)\left(\eta^{6}-\mathrm{C}_{5} \mathrm{H}_{5}\right)\right]\left[\mathrm{PF}_{6}\right]$ shows $1.0^{\circ}$ for $\mathrm{C}(5)$ and $10.7^{\circ}$ for $\mathrm{C}(8)$ [12], indicating that complexation causes a substantial decrease in $\theta$ for $\mathrm{C}(5)$.

## Complexation shifts

In Scheme 1, inspection of the $\mathrm{C}(1)$ resonance of $2 \mathbf{5}$ shows that $\Delta \delta$ increases, on going from $2-5$, from 2.7 to 4.1 ppm . The methyl carbons of 1 has a smaller $\Delta \delta$ of 1.6 ppm . The same trend was observed in $\mathrm{Cr}, \mathrm{Fe}$ and Mo complexes of $[n] \mathrm{pc}$ 's $[3,4]$.

In Table 1, the reference complex, 1, (and also 7 and 9) shows a smaller $\Delta \delta$ for $C_{4}$ than for $C_{1}$, perhaps because of a lower electron density on $C_{4}$ resulting from the electronic effects of the attached methyl groups [14]. It was seen that in the [ $n$ ] and [2.2]pe complexes 2-6 the difference in $\Delta \delta$ between $C_{\text {: }}$ and $C_{4}$ increases with an increase in $\theta$. That is, on going from 2 to 5 . the complexation-shift difference ( $\Delta \Delta \delta$ ) for $C_{t}$ from 1 increases from -0.2 to 5.5 ppm , whereas $\Delta \Delta \delta$ for $\mathrm{C}_{\mathrm{q}}$ decreases from 1.5 to -9.9 ppm . In 6, with a larger $\theta$, where there is neither a significant transannular nor a through-bond electronic effect on $\Delta \delta$ of the uncomplexed ring [1,2], $\mathrm{C}_{1}$ shows a larger positive $\Delta \Delta \delta(10.1 \mathrm{ppm})$ and $\mathrm{C}_{4}$ shows a larger negative $\Delta \Delta \delta$ $(-15.3 \mathrm{ppm})$. Moreover, in the $[2.2] \mathrm{mc}$ complex $8, \mathrm{C}_{1}(5)$ and $\mathrm{C}_{4}(8)$. which are both displaced from planarity toward Ru , show large positive $\Delta \Delta \delta^{\prime}$ 's from 7 (4.0 and 14.4 ppm ) compared with -5.5 ppm for $\mathrm{C}_{4}(3)$ and 0.6 ppm for $\mathrm{C}_{4}(4)$. Comparison of the results of the dimethyl[2.2]me complex 10 with those of 9 showed no significant differences.

These results reflect just how diverse the ring bending is among the parent cyclophanes. That is, the magnitude of $\Delta \Delta \delta$ or $\Delta \delta$ is dependent on both the degree and the direction of the ring bending and is probably related to the interatomic distance between the Ru and the ligand carbon [1-4].

One-bond aromatic ${ }^{13} \mathrm{C}^{2} H$ coupling constants. Transition metal complexation of arenes generally increase one-bond aromatic $\mathrm{C}-\mathrm{H}$ coupling constants in the arene and the origin of this complexation effect has been ascribed to several factors [15]. In complex $\mathbf{8}$, the magnitude of the complexation effect ( $\Delta^{1} J$ ) is much larger in the complexed ring than in the uncomplexed ring and correlates with the magnitude of $\Delta \delta$, as Table 1 shows. In all complexes, $\Delta^{\prime} J$ tends to increase with an increase in $\Delta \delta$. but does not always reflect small differences in $\Delta \delta$. It thus appears that the factors which influence $\Delta \delta$ have some direct influence on $\Delta^{\prime} J$.

## Experimental

## Materials

The complexes $6[16]$ and 9 [15] are known and were prepared by the Bennett method using di- $\mu$-chloro-bis[( $\eta^{6}$-benzene)chlororuthenium(II)] [18]. The other complexes, which are new, were prepared in a similar manner. Of these, 6 and 9 are pale yellow crystals, and the others white. The parent cyclophanes used were already available in our laboratory as a consequence of previous work [1-4].
( $\eta^{6}$-Benzene) $\left(\eta^{6}\right.$-p-xylene)ruthenium(II) bis(tetrafluoroborate) (1). M.p. $225^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 2.40\left(6 \mathrm{H}, \mathrm{s}, \mathrm{CH}_{3}\right), 6.89\left(6 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 6.92\left(4 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{4}\right)$. Anal. Found: $\mathrm{C}, 36.52 ; \mathrm{H}, 3.43 . \mathrm{C}_{14} \mathrm{H}_{16} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: $\mathrm{C}, 36.63 ; \mathrm{H}, 3.51 \%$.
( $\eta^{6}$-Benzene) $\left(\eta^{6}\right.$-[15]paracyclophane)ruthenium(II) bis(tetrafluoroborate) (2). M.p. $207^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 0.76-1.40\left(22 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 1.42-1.90\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, $2.50-2.88\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 6.91\left(6 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 7.01\left(4 \mathrm{H}, \mathrm{s}, \mathrm{CH}_{2}\right)$. Anal. Found: C, $50.52 ; \mathrm{H}, 6.20 . \mathrm{C}_{27} \mathrm{H}_{40} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: $\mathrm{C}, 50.72 ; \mathrm{H}, 6.30 \%$.
( $\eta^{6}$-Benzene) ( $\eta^{\sigma}$-[12]paracyclophane)ruthenium(II) bis(tetrafluoroborate) (3). M.p. $170^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 0.55-1.40\left(16 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 1.40-1.95\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, $2.50-2.92\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 6.95\left(6 \mathrm{H}, \mathrm{S}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 7.08\left(4 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{4}\right)$. Anal. Found: C, 48.13; $\mathrm{H}, 5.60 . \mathrm{C}_{24} \mathrm{H}_{34} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: $\mathrm{C}, 48.26$; $\mathrm{H}, 5.73 \%$.
( $\eta^{6}$-Benzene) ( $\eta^{6}$-[9]paracyclophane)ruthenium(II) bis(tetrafluoroborate) (4). M.p. $175^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 0.24-0.81\left(6 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 0.81-1.28\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, $1.38-1.84\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.50-2.86\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 6.88\left(6 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 6.99(4 \mathrm{H}, \mathrm{m}$, $\mathrm{C}_{6} \mathrm{H}_{4}$ ). Anal. Found: C, $45.50 ; \mathrm{H}, 4.95 . \mathrm{C}_{21} \mathrm{H}_{28} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: $\mathrm{C}, 45.43 ; \mathrm{H}, 5.08 \%$.
( $\eta^{6}$-Benzene) $\left(\eta^{6}\right.$-[8]paracyclophane)ruthenium(II) bis(tetrafluoroborate) (5). M.p. $230^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta \quad 0.32-0.68\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 0.72-1.20\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, $1.52-1.87\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.52-2.84\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 6.87\left(6 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 7.00(4 \mathrm{H}$, s, $\mathrm{C}_{6} \mathrm{H}_{4}$ ). Anal. Found: C, 44.45; H, 4.53. $\mathrm{C}_{20} \mathrm{H}_{26} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: C, $44.39 ; \mathrm{H}, 4.84 \%$.
( $\eta^{6}$-Benzene) $\left(\eta^{6}\right.$-m-xylene)ruthenium(II) bis(tetrafluoroborate) (7). M.p. $182^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 2.10\left(6 \mathrm{H}, \mathrm{s}, \mathrm{CH}_{3}\right), 6.91\left(6 \mathrm{H}, \mathrm{s}, \mathrm{C}_{6} \mathrm{H}_{6}\right), 6.89-7.49\left(4 \mathrm{H}, \mathrm{m}, \mathrm{C}_{6} \mathrm{H}_{4}\right)$. Anal. Found: C, 36.52 ; H, 3.51. $\mathrm{C}_{14} \mathrm{H}_{16} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: C, 36.63 ; H, $3.51 \%$.
( $\eta^{6}$-Benzene) $\left(\eta^{6}-[2.2]\right.$ metacyclophane)ruthenium(II) bis(tetrafluoroborate) (8). M.p. $173^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 2.03-2.22\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 3.00-3.70\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right)$, $5.20-5.32\left(2 \mathrm{H}, \mathrm{m}\right.$, complexed $\left.\mathrm{C}_{6} \mathrm{H}_{4}\right), 6.69-7.00\left(2 \mathrm{H}, \mathrm{m}\right.$, complexed $\left.\mathrm{C}_{6} \mathrm{H}_{4}\right), 6.70(6 \mathrm{H}$, s, $\left.\mathrm{C}_{6} \mathrm{H}_{6}\right), 7.12-7.49\left(4 \mathrm{H}, \mathrm{m}\right.$, uncomplexed $\left.\mathrm{C}_{6} \mathrm{H}_{4}\right)$. Anal. Found: C, 46.93; H, 3.89. $\mathrm{C}_{22} \mathrm{H}_{22} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: C, 47.09; H, 3.95\%.
( $\eta^{6}$-Benzene) $\left(\eta^{6}\right.$-5,13-dimethyl[2.2]metacyclophane)ruthenium(II) bis(tetrafluoroborate) (10). M.p. $220^{\circ} \mathrm{C}$ (dec.); ${ }^{1} \mathrm{H}$ NMR, $\delta 2.15-2.62\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 2.30(6 \mathrm{H}, \mathrm{s}$, $\left.\mathrm{CH}_{3}\right), 3.00-3.51\left(4 \mathrm{H}, \mathrm{m}, \mathrm{CH}_{2}\right), 5.09-5.15\left(2 \mathrm{H}, \mathrm{m}\right.$, complexed $\left.\mathrm{C}_{6} \mathrm{H}_{3}\right), 6.70(6 \mathrm{H}, \mathrm{s}$, $\left.\mathrm{C}_{6} \mathrm{H}_{6}\right), 6.70-7.13\left(4 \mathrm{H}, \mathrm{m}\right.$, uncomplexed and complexed $\left.\mathrm{C}_{6} \mathrm{H}_{3}\right)$. Anal. Found: C, 48.58; H, 4.17. $\mathrm{C}_{24} \mathrm{H}_{26} \mathrm{RuB}_{2} \mathrm{~F}_{8}$ calc: $\mathrm{C}, 48.92$; $\mathrm{H}, 4.45 \%$.

## Spectra

The ${ }^{13} \mathrm{C}$ and ${ }^{1} \mathrm{H}$ NMR spectra were recorded on JEOL JNM-FX100 ( 25.15 MHz ) and JEOL JNM4H-100 ( 100 MHz ) spectrometers, respectively, at ambient temperature as described previously [17], for ca. $\leqslant 5 \mathrm{w} / \mathrm{v} \%$ solutions in $\left(\mathrm{CD}_{3}\right)_{2} \mathrm{SO}$; tetramethylsilane was used as the internal reference. The $\mathrm{C}-\mathrm{H}$ coupling constants were measured with gated decoupling.

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